

Pre-Arrival Checklist Fall 2022 for International Students

Thank you for choosing Northeastern University Vancouver. We are looking forward to welcoming you to campus.

Before you plan to travel you are **required by the Canadian Health Officials** to follow the steps outlined here to remain in good health and to safely join the campus community. Thank you in advance for your efforts to help keep our Vancouver campus community and our families safe.

Step 1: Check the Travel restrictions and exemptions

Please check if you meet the travel exemptions and restrictions for international students on the Government of Canada [website](#).

If you do not meet the travel exemptions, you may not travel to Canada.

Step 2: Checklist for what you need to have ready at the border

- [ArriveCAN](#) receipt with letter A, I or V beside the vaccinated traveler's name.
- Proof of vaccination that was uploaded into ArriveCAN (original or paper copy).
- Travel document, e.g. A valid passport.
- A Temporary Resident Visa (TRV) or an electronic travel authorization (e-TA) for non-US citizens.
- Letter of Introduction/Port of Entry (POE) Letter- issued by IRCC, contains permit reference number.
- A copy of the admission letter/decision letter/deferral confirmation letter or email if applicable from Northeastern University.
- A copy of the Proof of Acceptance (POA) letter that you submitted for your study permit application.
- A copy of the e-Medical form showing your medical exam was done during the past 12 months and is still valid, if you were requested to do the medical exam when you applied for the study permit.
- Proof of funds (you have enough money to support yourself and the accompany family members during your study in Canada) *.

* Please do not travel with large sums of cash for your own safety. Please make sure you declare any amount of \$10,000 CAD (in all currencies and includes cash, stocks, bonds, bank drafts, cheques and traveler's cheques) or more, or you could have your money seized.

For more information, please visit the IRCC website [Study permit: Prepare for arrival](#)

Step 3: Register your travelling plan with Northeastern Vancouver

1. Follow the link [here](#) to fill in the registration form and submit all the required documents.
2. Make sure to register at least **10 business days** prior to travelling.
3. If you need to update/change any information (e.g., travel date, flight number etc.) please submit the registration form again.
4. You are recommended to [register](#) your travel plan with Global Safety and Support 24/7 Travel Assistance.

Step 4: Arriving in Canada

1. Download the Government of Canada's [ArriveCAN](#) app to facilitate entry to Canada. Please instruct co-arriving family members to download the application as well before or on the day you travel.
2. Keep all the proper documentation (see step 2) with you while you travel. Do NOT put them in your checked-in luggage.
3. Learn what to expect at the border: [Canada Border Services Agency's \(CBSA\) guidelines](#).
4. Arriving by Air
 - o Read the Vancouver Airport ([YVR Passenger Guide](#)) to understand what to expect.
 - o Air travellers: register in advance for arrival testing
If you're landing in YVR airport, you may be selected for mandatory random testing. If selected, you'll be required to get tested before exiting the airport with on-site testing. To speed you through the process, register in advance with the testing provider for the airport you will arrive at.
5. Arriving by Land
 - [CanBorder](#) Application: Estimate land border wait times
 - Arrival testing at land borders
When you arrive at a land border crossing, the border services officer may notify you that you have been randomly selected for a mandatory arrival

test. If you are selected, you will be given a self-swab kit to complete. You will need to follow the instructions in your self-swab kit to complete the test at your destination.

6. Your arrival test results (if applicable) *
 - If a fully vaccinated traveler or unvaccinated child under 12 years of age tests positive on their arrival test:
 - they must [isolate for 10 days](#)
 - report your test results to PHAC by calling 1-833-641-0343
 - If a fully vaccinated parent, stepparent, guardian, or tutor has travelled with a child and they experience symptoms or test positive:
 - unvaccinated children under 12 years of age must quarantine for 14 days (about 2 weeks) and monitor for symptoms
 - report your unvaccinated child's test results and/or symptoms to PHAC by calling 1-833-641-0343
 - the fully vaccinated adult should verify which local public health requirements they must follow

* Please be advised the requirements and policies about quarantine/isolation may change any time. Please check the [COVID-19: Travel, testing and borders - Travel.gc.ca](#) before travel.

* Final determination for exemptions is made at the port of entry based on the information presented at the time of entry.

Consequences for Breaching Quarantine

According to the federal Quarantine Act and corresponding Provincial regulations, the consequences for breaching quarantine are as follows:

Violating any instructions provided to you when you entered Canada or failing to provide accurate information is an offence under the Quarantine Act and could lead to up to:

- 6 months in prison and/or
- \$750,000 in fines

If you choose to break your mandatory quarantine or isolation, resulting in the death or serious bodily harm to another person, you could face:

- a fine of up to \$1,000,000 or
- imprisonment of up to 3 years or
- both



The Contraventions Act gives police (including the RCMP, provincial and local police) more power to enforce the Quarantine Act. They can issue tickets to people who don't comply with the act or the emergency orders. Fines range from \$275 to \$1,000.

Additional Covid-19 Support Resources

Northeastern University Support

Students who require specialized guidance based on a disability or health condition will be connected with Northeastern's Disability Resource Center. This office can be reached by calling 1 (617) 373-2675.

Students requiring mental health support may connect the University Health and Counseling Services, which offers 24-7 phone support and counseling sessions through the Find@Northeastern service. This service is accessible by phone on 1 (781) 457-7777.

BC Covid-19 APP & Self-Assessment Tool

[The BC COVID-19 Self-Assessment Tool](#) will help determine if you need further assessment for COVID-19 testing by a physician, nurse practitioner or a local collection center. Safe testing may be available at different health care settings.

BC Provincial Health Information and advice phone line

By calling 8-1-1, you can speak to a health service navigator, who can help you find health information and services; or connect you directly with a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist. Any one of these healthcare professionals will help you get the information you need to manage your health concerns, or those of your family.

Telephone: 811

Covid-19 Hotline

Province of BC Covid-19 hotline: Non-medical information about COVID-19

Telephone: 1-888-COVID19 or text 604-630-0300.

Available daily 7:30 a.m. - 8:00 p.m. PST. Information available in over 110 languages.



Emergency Services

Call if you're having difficulty breathing or experiencing other severe symptoms.

Telephone: 911

For questions related to immigration compliance and travel to Canada, please email OGSCanada@northeastern.edu

For questions related to the Vancouver Campus operations, please email Vancouver@northeastern.edu

For questions related to admissions/deferral/withdrawal, please contact:

Khoury Programs: khoury-gradschool@northeastern.edu

CPS Programs: <https://northeastern-network.force.com/CPSSupport/s/applicant>

College of Engineering: coe-gradadmissions@northeastern.edu

College of Arts, Media and Design: c.bright@northeastern.edu

For questions about billing/invoice/payment/receipt/fee structure/refund, please reach out to Student Financial Services department at: StudentAccounts_Canada@northeastern.ca